



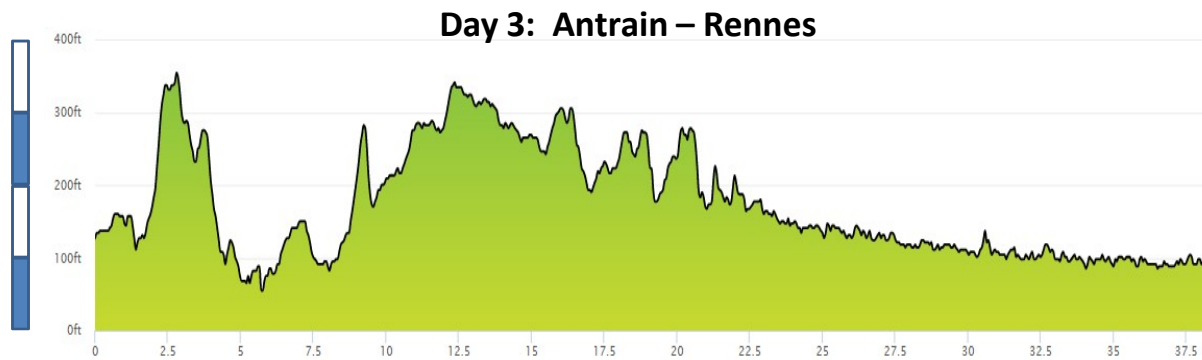
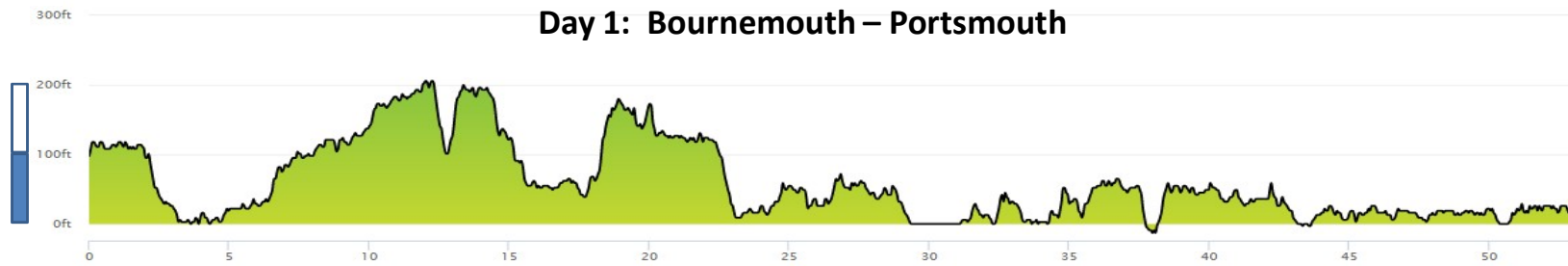
*Camino 2015*  
*Profile and Statistics of*  
*Our Route*

*Penny & Damian*  
*Buckley*

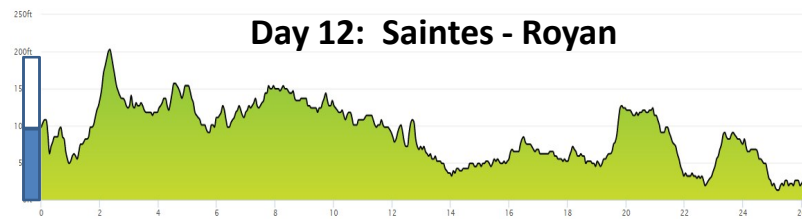


desain de H. Holbein - în XV<sup>o</sup> s.

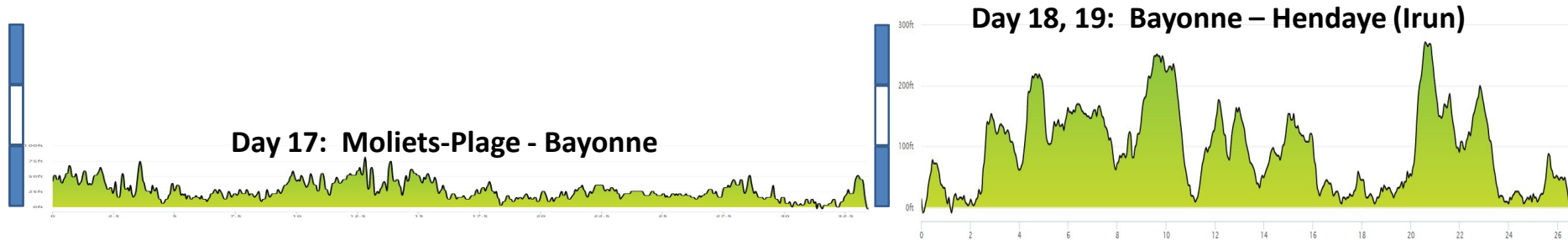
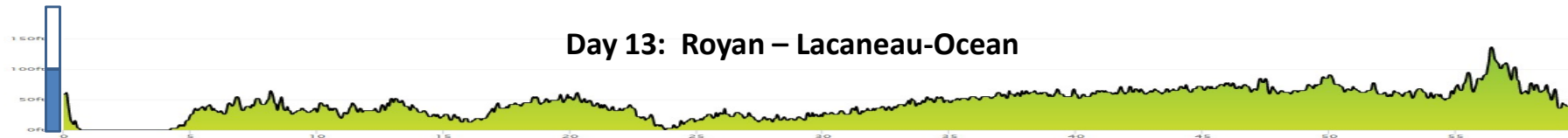
## Stage 1 - UK & The Mont-St-Michel Way





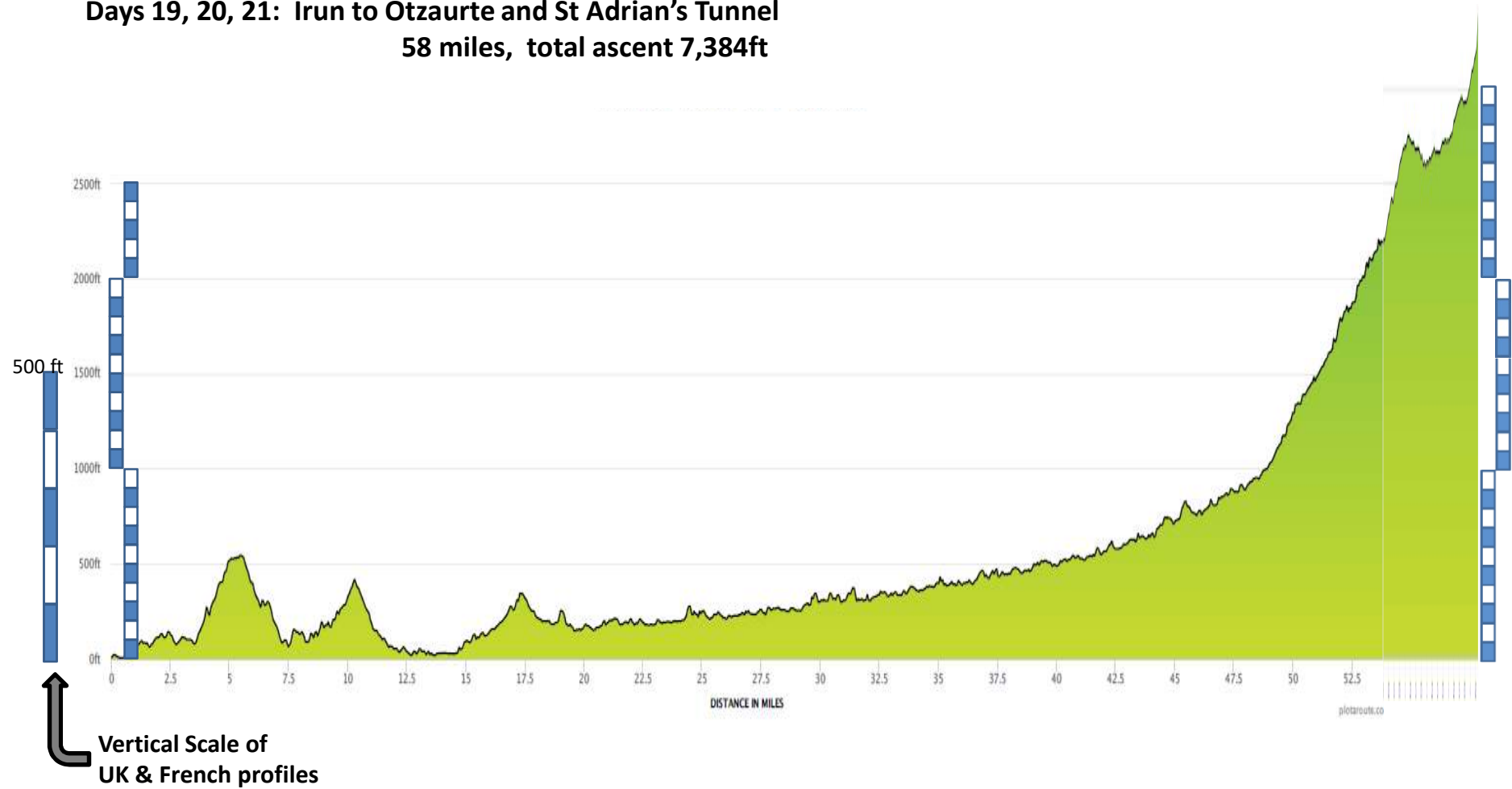


## Stage 2: The Voie Littorale



## Stage 3: The Tunnel Route

Days 19, 20, 21: Irun to Otzaurte and St Adrian's Tunnel  
58 miles, total ascent 7,384ft



**Days 21, 22, 23, 24: Otzaurte to Santo Domingo de la Calzada**  
**84 miles, total ascent 4,744 ft**



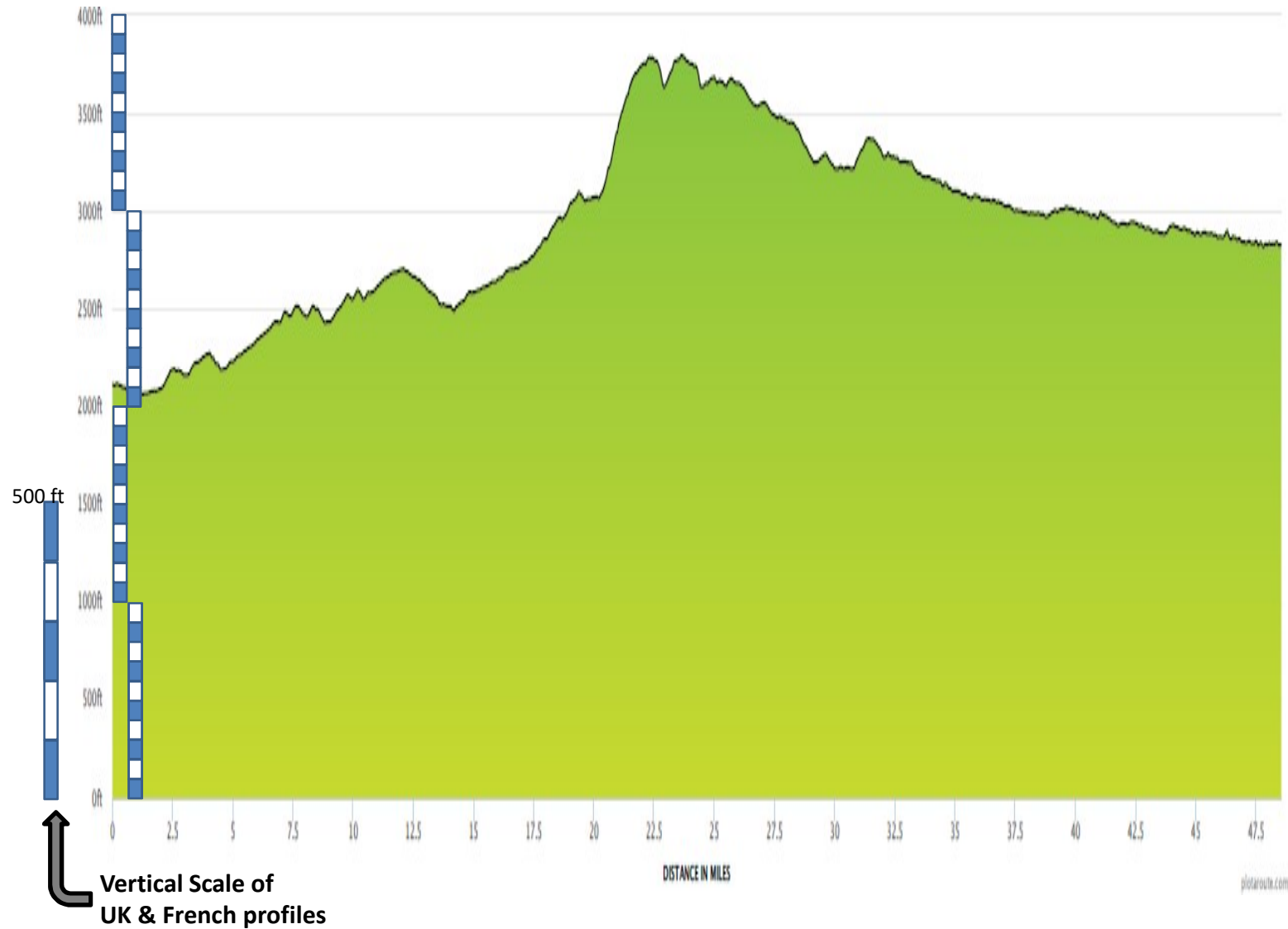
Vertical Scale of  
UK & French profiles

Continuation  
of profile



## Stage 4: The Camino Frances

Days 25, 26: Santo Domingo de la Calzada to Burgos  
48 miles, total ascent 3,487 ft



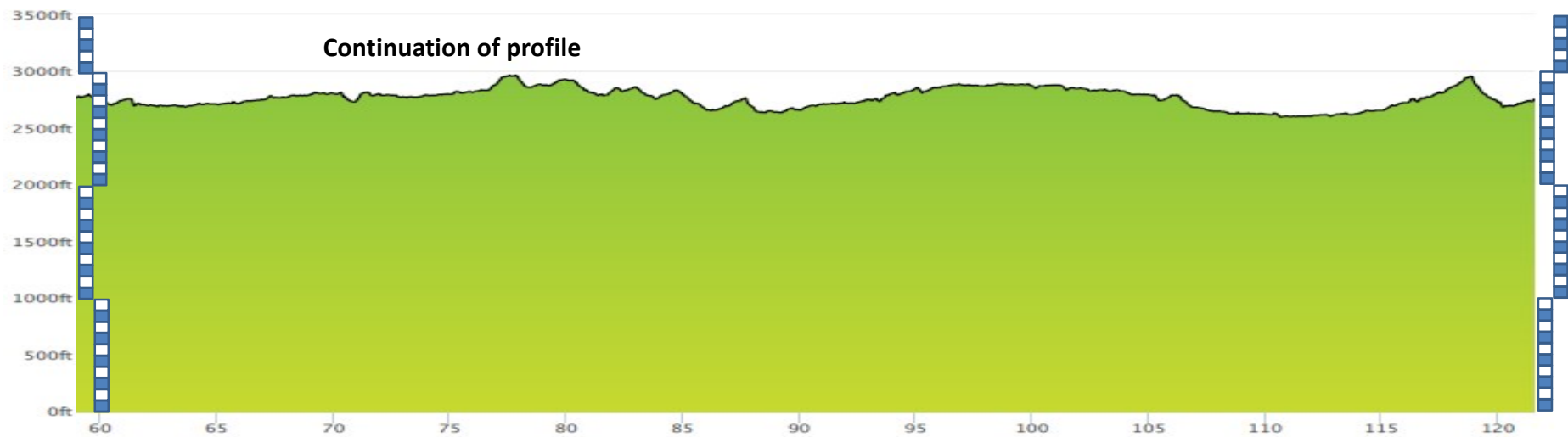
Days 27, 28, 29: Burgos to León

122 miles, total ascent 5,387 ft

NB Reduced height scale on profile



Vertical Scale of  
UK & French profiles

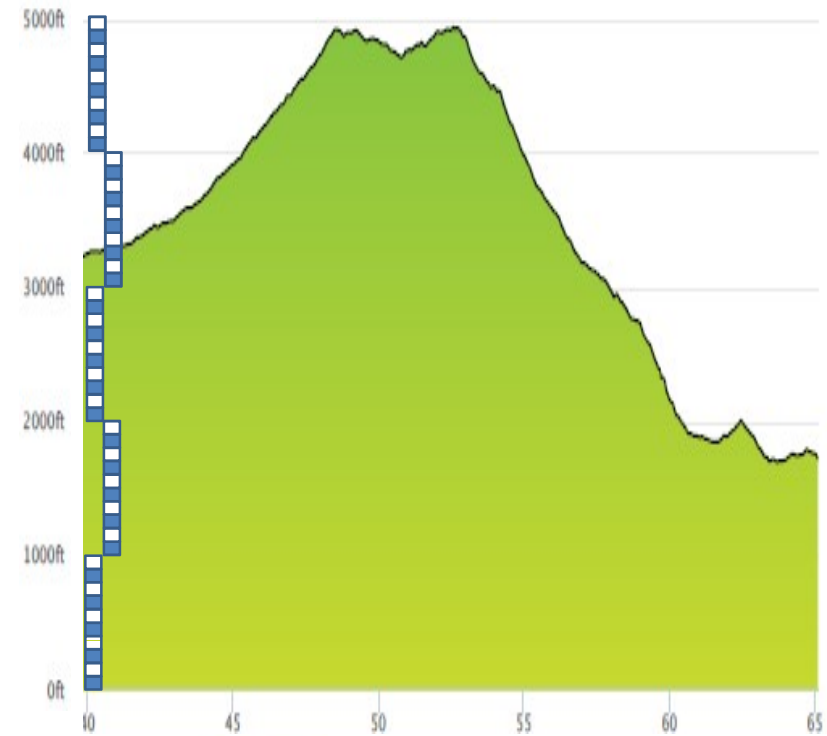


**Days 30, 31, 32: León to Ponferrada**

**65 miles, total ascent 4,730ft**

**NB Reduced height scale on profile**

Continuation  
of profile

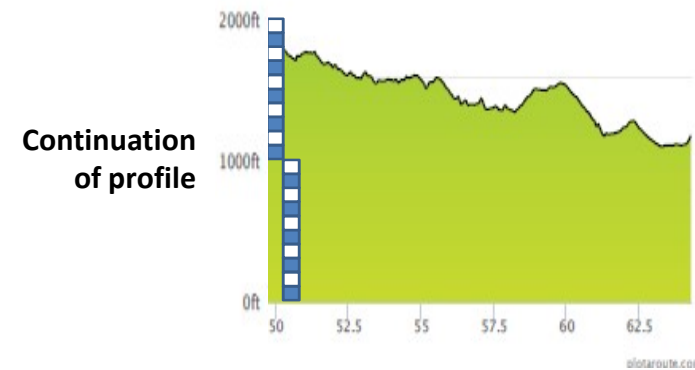
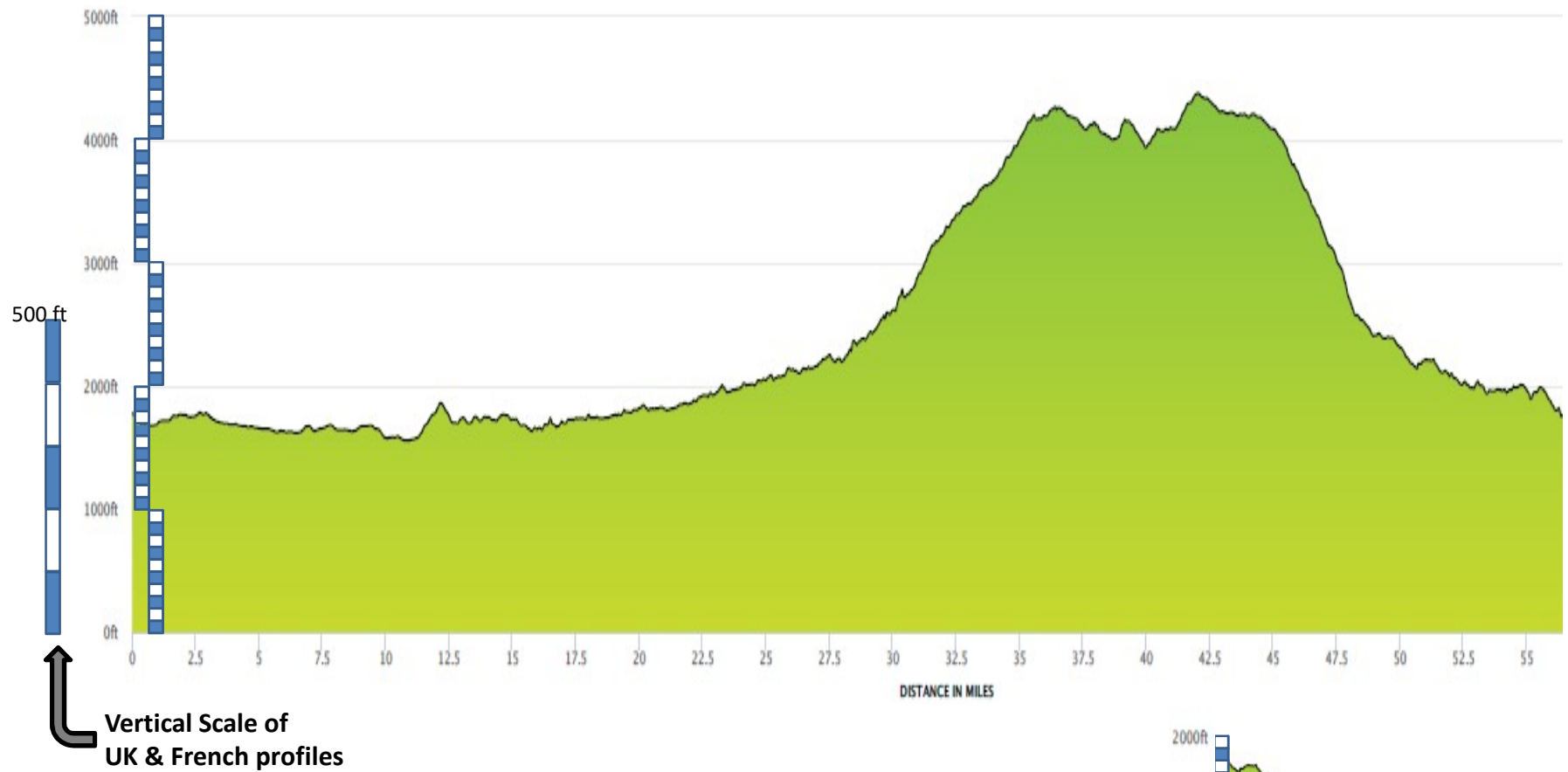


Vertical Scale of  
UK & French profiles

**Days 32, 33: Ponferrada to Sarria**

**64 miles, total ascent 6,713 ft**

**NB Reduced height scale on profile**



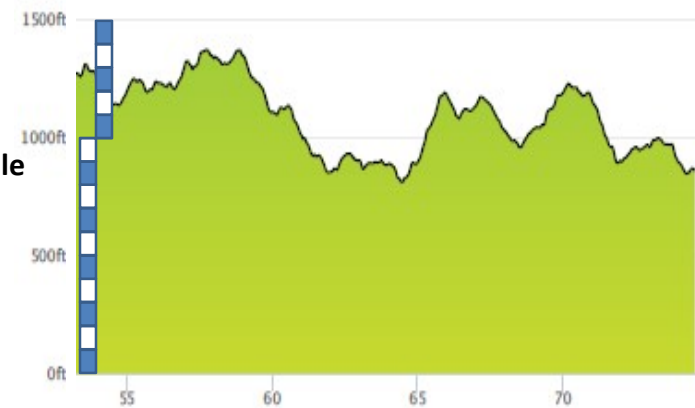
## Days 34, 35, 36: Sarria to Santiago de Compostela

75 miles, total ascent 7,286 ft



Vertical Scale of  
UK & French profiles

Continuation of main profile



## Table A - Statistics Summary

| Section            | Distance<br>(miles) | Total<br>Ascent<br>(feet) | Total<br>Descent<br>(feet) | Lowest<br>Point<br>(feet) | Occurs<br>at<br>(miles) | Highest<br>Point<br>(feet) | Occurs<br>at<br>(miles) | Uphill<br>(miles) | % of<br>Route | Downhill<br>(miles) | % of<br>Route | Flat<br>(miles) | % of<br>Route | Max.<br>Height<br>Gain | Steepest<br>Uphill % | Occurs<br>at<br>(miles) | Steepest<br>Downhill<br>% | Occurs<br>at<br>(miles) | Longest<br>Uphill<br>(miles) | Occurs<br>at<br>(miles) | Longest<br>Downhill<br>(miles) | Occurs<br>at<br>(miles) |
|--------------------|---------------------|---------------------------|----------------------------|---------------------------|-------------------------|----------------------------|-------------------------|-------------------|---------------|---------------------|---------------|-----------------|---------------|------------------------|----------------------|-------------------------|---------------------------|-------------------------|------------------------------|-------------------------|--------------------------------|-------------------------|
| Totals En & Fr     | 659                 | 27,784                    | 27,879                     | 0.0                       |                         | 423                        |                         | 237               | 36.5          | 244                 | 37.6          | 178             | 25.9          | 3,730                  | 15.6                 |                         | 17.8                      |                         | 1.2                          |                         | 3.8                            |                         |
| En 01 B'm'th       | 53.127              | 1742                      | 1827                       | 0                         | 37.97                   | 206                        | 12.0                    | 17.3              | 32.5          | 18.6                | 34.9          | 17.3            | 32.5          | 219                    | 7.8                  | 13.0                    | 7.8                       | 20.1                    | 0.8                          | 35.5                    | 2.4                            | 28.7                    |
| Fr 01 St Malo      | 47.199              | 1433                      | 1322                       | 6                         | 0                       | 154                        | 8.4                     | 15.2              | 32.1          | 13.3                | 28.2          | 18.7            | 39.7          | 147                    | 7.8                  | 45.7                    | 11.1                      | 46.1                    | 1.1                          | 21.1                    | 0.7                            | 26.5                    |
| Fr 02 Antrain      | 39.594              | 1942                      | 1919                       | 55                        | 5.7                     | 354                        | 2.8                     | 15.3              | 38.7          | 14.4                | 36.3          | 9.9             | 25.0          | 298                    | 11.1                 | 2.2                     | 13.3                      | 9.3                     | 1.2                          | 8.1                     | 0.7                            | 3.8                     |
| Fr 03 Rennes       | 32.436              | 1699                      | 1804                       | 22                        | 32.16                   | 354                        | 24.0                    | 11.6              | 35.9          | 13.3                | 40.9          | 7.6             | 23.3          | 331                    | 13.3                 | 24.9                    | 17.8                      | 26.0                    | 1.2                          | 6.4                     | 0.8                            | 0.5                     |
| Fr 04 Guipry-M     | 28.241              | 1558                      | 1496                       | 13                        | 11.41                   | 269                        | 6.5                     | 9.8               | 34.9          | 11.9                | 42.0          | 6.5             | 23.2          | 255                    | 12.2                 | 6.1                     | 10                        | 20.5                    | 1.2                          | 13.2                    | 1.5                            | 26.6                    |
| Fr 05 Le Gavre     | 35.176              | 1420                      | 1496                       | 9                         | 28.8                    | 209                        | 13.0                    | 13.2              | 37.5          | 13.8                | 39.3          | 8.2             | 23.2          | 200                    | 11.1                 | 14.9                    | 11.1                      | 18.1                    | 1.1                          | 10.0                    | 0.8                            | 22.4                    |
| Fr 06 Nantes       | 25.837              | 1210                      | 1177                       | 0                         | 9.45                    | 183                        | 21.1                    | 10.6              | 40.9          | 10.1                | 39.0          | 5.2             | 20.1          | 183                    | 8.9                  | 16.2                    | 12.2                      | 25.7                    | 0.8                          | 9.5                     | 0.6                            | 10.5                    |
| Fr 07 Clisson      | 22.929              | 1240                      | 1046                       | 52                        | 0                       | 259                        | 19.6                    | 9.3               | 40.5          | 8.67                | 37.8          | 5.0             | 21.7          | 206                    | 12.2                 | 14.1                    | 7.8                       | 18.2                    | 0.8                          | 0.1                     | 0.7                            | 15.3                    |
| Fr 08 St Fulgent   | 39.594              | 2260                      | 2470                       | 36                        | 39.54                   | 423                        | 28.1                    | 15.7              | 39.7          | 18.12               | 45.8          | 5.8             | 14.5          | 387                    | 8.9                  | 7.4                     | 8.9                       | 23.7                    | 1.1                          | 21.3                    | 1.3                            | 7.9                     |
| Fr 09 Fontenay-I-C | 33.274              | 967                       | 895                        | 0                         | 8.61                    | 196                        | 27.9                    | 10.7              | 32.3          | 11.52               | 34.6          | 11.0            | 33.1          | 196                    | 6.7                  | 27.4                    | 4.4                       | 32.8                    | 1.0                          | 26.9                    | 1.2                            | 27.9                    |
| Fr 10 Surgeres     | 38.028              | 1801                      | 1804                       | 6                         | 31.04                   | 259                        | 22.3                    | 14.5              | 38.2          | 15.32               | 40.3          | 8.2             | 21.5          | 252                    | 11.1                 | 26.5                    | 7.8                       | 28.4                    | 1.1                          | 21.2                    | 0.8                            | 13.7                    |
| Fr 11 Saintes      | 26.172              | 994                       | 1043                       | 13                        | 25.17                   | 203                        | 2.4                     | 9.3               | 35.5          | 10.01               | 38.2          | 6.9             | 26.3          | 190                    | 6.7                  | 2.1                     | 10                        | 0.2                     | 1.1                          | 1.2                     | 0.7                            | 5.0                     |
| Fr 12 Royan        | 59.614              | 1604                      | 1610                       | 0                         | 0.67                    | 137                        | 56.4                    | 18.9              | 31.6          | 18.73               | 31.4          | 22.0            | 37.0          | 137                    | 6.7                  | 56.3                    | 7.8                       | 57.4                    | 0.5                          | 11.8                    | 3.8                            | 0.5                     |
| Fr 13 Lacaneau-O   | 29.695              | 1020                      | 1056                       | 9                         | 22.26                   | 111                        | 3.8                     | 10.1              | 34.1          | 10.74               | 36.2          | 8.8             | 29.8          | 101                    | 6.7                  | 2.9                     | 8.9                       | 3.8                     | 0.9                          | 11.2                    | 0.6                            | 24.0                    |
| Fr 14 Lanton-T     | 31.82               | 971                       | 905                        | 9                         | 0.28                    | 124                        | 28.9                    | 11.1              | 34.8          | 10.85               | 34.1          | 9.9             | 31.1          | 114                    | 6.7                  | 5.8                     | 4.4                       | 3.5                     | 0.7                          | 27.8                    | 0.6                            | 8.9                     |
| Fr 15 Sanguinet    | 56.818              | 2486                      | 2522                       | 29                        | 35.46                   | 177                        | 6.4                     | 20.6              | 36.3          | 21.47               | 37.8          | 14.7            | 25.9          | 147                    | 12.2                 | 53.4                    | 10                        | 53.2                    | 0.6                          | 10.8                    | 1.0                            | 48.9                    |
| Fr 16 Moliets-P    | 33.442              | 1348                      | 1394                       | 0                         | 31.32                   | 82                         | 12.8                    | 13.0              | 38.8          | 11.63               | 34.8          | 8.8             | 26.4          | 85                     | 11.1                 | 13.7                    | 10                        | 12.9                    | 0.9                          | 23.3                    | 0.5                            | 3.6                     |
| Fr 17 Bayonne      | 26.452              | 2089                      | 2093                       | 0                         | 0.06                    | 272                        | 20.6                    | 11.1              | 42.1          | 12.08               | 45.7          | 3.2             | 12.3          | 282                    | 15.6                 | 4.3                     | 12.2                      | 5.0                     | 0.6                          | 8.7                     | 0.9                            | 10.3                    |
| Totals Spain       | 516                 | 39,737                    | 37,722                     | 3                         |                         | 4,931                      |                         | 223               | 47            | 207                 | 38            | 87              | 13            | 14,215                 | 52                   |                         | 40.0                      |                         | 2.7                          |                         | 3.5                            |                         |
| Sp 1a Irun         | 53.8                | 5928                      | 3740                       | 3                         | 0.45                    | 2208                       | 53.6                    | 27.1              | 50.4          | 20.2                | 37.6          | 6.4             | 12            | 2204                   | 17.8                 | 52.7                    | 13.3                      | 24.5                    | 1.06                         | 15.8                    | 1.2                            | 10.3                    |
| Sp 1b Otzaurte     | 4.4                 | 1,456.0                   | 275.0                      | 2198                      | 0                       | 3,379.0                    | 4.4                     | 3.2               | 73.1          | 0.9                 | 20.5          | 0.3             | 6.4           | 1,181.0                | 52.2                 | 4.3                     | 15.6                      | 1.8                     | 0.7                          | 0.5                     | 0.2                            | 1.2                     |
| Sp2 Otzaurte       | 84.3                | 4,744.0                   | 4,832.0                    | 1446                      | 70.35                   | 2,194.0                    | 0.0                     | 32.9              | 39.1          | 33.0                | 39.2          | 18.3            | 21.8          | 748.0                  | 47.8                 | 67.7                    | 40.0                      | 67.8                    | 1.3                          | 77.7                    | 1.2                            | 44.3                    |
| Sp 3a Santo DC     | 48.5                | 3,487.0                   | 2,772.0                    | 2063                      | 1.23                    | 3,799.0                    | 23.7                    | 21.9              | 45.0          | 18.9                | 38.9          | 7.8             | 16.0          | 1,735.0                | 14.4                 | 21.0                    | 14.4                      | 24.3                    | 2.2                          | 4.6                     | 1.6                            | 12.1                    |
| Sp 3b Burgos       | 121.6               | 5,387.0                   | 5,459.0                    | 2509                      | 40.38                   | 3,067.0                    | 16.6                    | 48.9              | 40.2          | 43.8                | 36.0          | 28.9            | 23.7          | 557.0                  | 7.8                  | 14.6                    | 11.1                      | 118.9                   | 1.8                          | 57.3                    | 1.5                            | 38.3                    |
| Sp 4 Leon          | 65.1                | 4,730.0                   | 5,757.0                    | 1702                      | 63.7                    | 4,931.0                    | 52.6                    | 28.2              | 43.4          | 26.5                | 40.6          | 10.4            | 16.0          | 3,228.0                | 11.1                 | 45.3                    | 24.4                      | 59.8                    | 2.7                          | 43.0                    | 3.5                            | 54.1                    |
| Sp 5 Ponferrada    | 64.3                | 6,719.0                   | 7,020.0                    | 1384                      | 63.25                   | 4,383.0                    | 42.1                    | 27.5              | 42.7          | 28.4                | 44.2          | 8.4             | 13.1          | 2,998.0                | 26.7                 | 28.4                    | 21.1                      | 30.4                    | 1.2                          | 10.9                    | 2.5                            | 45.8                    |
| Sp 6 Sarria        | 74.5                | 7,286.0                   | 7,867.0                    | 810                       | 64.48                   | 2,375.0                    | 23.6                    | 33.2              | 44.6          | 35.0                | 47.0          | 6.3             | 8.5           | 1,564.0                | 16.7                 | 1.4                     | 18.9                      | 13.7                    | 2.5                          | 19.8                    | 2.1                            | 29.9                    |
| GRAND TOTALS       | 1,176               | 67,521                    | 65,601                     | 3                         |                         | 5,354                      |                         | 460               | 84            | 451                 | 76            | 265             | 39            | 17,945                 | 52.2                 |                         | 40.0                      |                         | 2.7                          |                         | 3.8                            |                         |